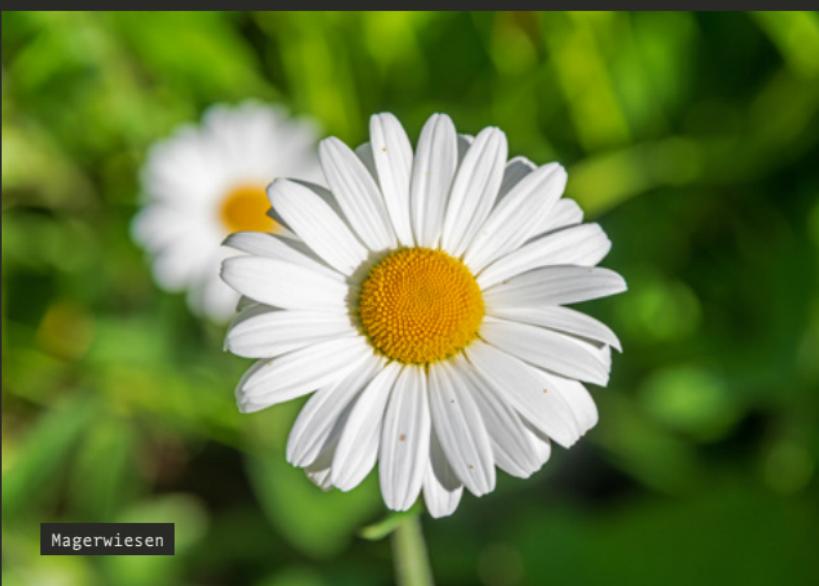


STAGE 2





STAGE 2

MEMMINGER HUT → ZAMS

- + Degree of difficulty: moderately

- + Duration: 6.45 h

- + Length: 13,6 km

- + Ascent: 395 m

- + Descent: 1.865 m

- + Highest point: Seescharte 2.599 m

- + Lowest point: Zams 767 m

Between the Memminger Hut and Zams, hikers on the E5 long-distance trail can look forward to a real highlight: From the Memminger Hut, the route first goes up to the Seescharte (2,599 m). From there, a challenging path then descends through the wild Zammer Loch down to the valley – a stage for sure-footed hikers with a sense of adventure.

Since the summer of 2025, the section from Burschlwand to Zams follows a new, signposted route. The path to the Bäuerinnenkapelle (Farmer wives' chapel) is closed. The descent now goes via the Zams gravel plant. From early June to the end of September, a shuttle (fare required!) is a convenient way for hikers to travel from the gravel plant parking lot to the center of Zams and on to the valley station of the Rifenalp line – perfect for giving tired legs a rest or for heading straight into the next adventure.

Important information about this route (ab Sommer 2025):

Since the summer of 2025, the section from Burschlwand to Zams follows a new, signposted route. The path to the Bäuerinnenkapelle (Farmer wives' chapel) is closed. The descent now goes via the Zams gravel plant.

E5 Shuttle:

From early June to the end of September, a shuttle (fare required!) comfortably takes hikers from the gravel plant parking lot to the center of Zams and on to the valley station of the Rifenalbahn.

Alternative: Memminger Hut - Zammer Alm / Zammer Ski Lodge / summit hut

Anyone who still has strength in their legs can extend the tour as they like: From the village, the Wiesensteig trail leads uphill to the Zammer Alm (1,760 m) and the Zammer Ski Lodge (1,750 m). Well-trained hikers can continue up to the summit hut on the Krahberg (2,208 m).

There is an optional possibility to cover this section comfortably with lift assistance. The Rifenalbahn takes hikers to the Zammer Alm and the Zammer Ski Lodge. From there, the Weinbergbahn continues up to the summit hut at Krahberg. The lift opening hours must be observed (www.venet.at).

DESCRIPTION

From the Memminger Hut, the path initially passes by the Lower Seewiese (lake), which lies to the left below the trail. On a relatively steep mountain path, partly with a short rope protection, it goes up to the Seescharte (2,599 m). This is the passage into the Zammer Loch. From the Seescharte, the trail leads steeply down into the Zammer Loch for about 1 hour. The path continues past the Oberlochalm (1,819 m) and the Unterlochalm (1,567 m), through forest and boulders on a narrow trail towards Zams.

From the Burschloden, a green swath with a beautiful view over Zams, Landeck, and Krahberg, you follow a path in steep bends (switchbacks) for another 40 minutes down to the parking lot at the Zams gravel plant, the starting point of the E5 shuttle. This then takes hikers to the center of Zams and the valley station of the Rifenalbahn.

HIGHLIGHTS

- + A magnificent view of the Lech Valley Alps
- + The splendid Hoch Valley

PLACES TO STOP, REST & EAT

- + There are none along the route to Zams
- + In Zams, you'll find a number of guest facilities where you can eat and/or spend the night. For more information, please contact your local tourism association.

ACCOMMODATIONS

- + In Zams, you'll find a number of guest facilities where you can eat and/or spend the night. For more information, please contact your local tourism association.
- + Zammer Alm
- + Zammer Ski Lodge
- + Summit hut

RECOMMENDED TIME

JUN JUL AUG SEP